

#### DELHI PUBLIC SCHOOL, BARASAT

CBSE Affiliation No: 2430391

**SESSION: 2025-2026** 

**CLASS: NURSERY** 

#### **SUBJECT: ENGLISH**

#### CYCLE 1

#### Round 1

- 1. Patterns: Standing line, Sleeping line and Slanting line.
- 2. Introduction of Writing Capital letters (E,F,H,I,L,T,A and K) based on the patterns.
- 3. Picture Identification with first letter (E,F,H,I,L,T,A and K).
- 4. Match the starting letter (E,F,H,I,L,T,A and K) with the pictures.

#### Round 2

- 1. Patterns: Standing line, Sleeping line, Slanting line, Wavy lines and Curved line.
- 2. Introduction of Writing Capital letters (M,N,V,W,X,Y,B and C) based on the patterns.
- 3. Picture Identification with first letter (M,N,V,W,X,Y,B and C).
- 4. Match the starting letter (M,N,V,W,X,Y,B and C) with the pictures.
- 5. Write the letter (E,F,H,I,L,T,A,K,M,N,V,W,X,Y,B and C) that makes its Beginning sounds.
- 6. Hand writing practice of letter *A to F* (in Cursive)

#### CYCLE 2

#### Round 1

1. Patterns : Standing line, Sleeping line, Slanting line, Curved line, Mixed strokes and Zigzag line.

- 2. Introduction of Writing Capital letters (D,G,J,O,P,Q,R,S,U and Z) based on the patterns.
- 3. Match the starting letter (D,G,J,O,P,Q,R,S,U and Z) with the pictures.
- 4. Write the letter (D,G,J,O,P,Q,R,S,U and Z) that makes its Beginning sounds.
- 5. Picture Identification with first letter ( D,G,J,O,P,Q,R,S,U and Z ) .
- 6. Write the Missing letters A to Z.
- 7. Join the letters (A to Z) to complete the picture.
- 8. Hand writing practice of letter *G* to *K* (in Cursive)

- 1. Introduction of Writing Small letters (a to j)
- 2. Picture Identification with first letter (a to j) 3. Match the starting letter (a to j) with the pictures.
- 4. Hand writing practice of letter *L* to *P* (in Cursive)

#### CYCLE 3

#### Round 1

- 1. Introduction of Writing Small letters (k to r)
- 2. Picture Identification with first letter (k to r)
- 3. Match the starting letter (k to r) with the pictures.
- 4. Write the letter (a to r) that makes its Beginning sounds.
- 5. Hand writing practice of letter *Q* to *U* (in Cursive)

## Round 2

- 1. Introduction of Writing Small letters (s to z)
- 2. Picture Identification with first letter (s to z)
- 3. Match the starting letter (s to z) with the pictures.
- 4. Write the letter (a to z) that makes its Beginning sounds.
- 5. Write the Ending sound(a to z)
- 6. Write the Missing letters a to z.
- 7. Join the letters (a to z) to complete the picture.
- 8. Hand writing practice of letter *V* to *Z* (in Cursive)

#### **SUBJECT: NUMBER WORK**

#### CYCLE 1

#### Round 1

- 1. Identification of Pre-Number Concept (Big/Small, Up/ Down, More/Less, Long/Short and Thick/Thin.
- 2. Count and Write Numbers 1 and 2

#### Round 2

- Identification of Pre-Number Concept (Full/Empty, Tall/Short, Heavy / Light
- 2. Count and Write Numbers 1 to 5

#### CYCLE 2

#### Round 1

- 1. Count and Write Numbers (1 to 10)
- 2. Match the same number of objects (1 to 10)
- 3. Join the numbers (1 to 10) to complete the picture.
- 4. Missing numbers (1 to 10)
- 5. Write After Numbers (1-10) ,Before Numbers (1-10) , Between Numbers (1-10).

#### Round 2

- Identification of Pre-Number Concept (Odd One Out, Inside/Outside, Over/Under and Hot/Cold)
- 2. Count and Write Numbers 11 to 15
- 3. Identification of Shapes(Square and Rectangle).
- 4. Missing numbers (1 to 15)
- 5. Write After Numbers (1-15) ,Before Numbers (1-15) , Between Numbers (1-15).

## **CYCLE 3**

- 1. Identification of Pre-Number Concept (Far/Near, Above/Below, Same Size and Front/Back)
- 2. Count and Write Numbers 16 to 20
- 3. Identification of Shapes(Triangle and Circle)
- 4. Missing Numbers (1-20)

- 1. Count and Write the Numbers (1 to 20)
- 2. Match the same number of objects(1 to 20)
- 3. Join the numbers (1 to 20) to complete the picture.
- 5. Missing Numbers (1 to 20)
- 6. Shapes (Circle, Square, Triangle and Rectangle)
- 7. Write After Numbers (1-20) ,Before Numbers (1-20) , Between Numbers (1-20).
- 8. Count and Write Numbers 1 to 20

#### **SUBJECT: ENGLISH VOCABULARY**

#### CYCLE 1

#### Round 1

- 1. Phonic sounds of letter A to D
- 2. Naming two objects with letter A to D

#### Round 2

- 1. Phonic sounds of letter E to H
- 2. Naming two objects with letter E to H

#### CYCLE 2

#### Round 1

- 1. Phonic sounds of letter A to N
- 2. Naming two objects with letter A to N

### Round 2

- 1. Phonic sounds of letter O to R
- 2. Naming two objects with letter O to R

#### CYCLE 3

- 1. Phonic sounds of letter S to V
- 2. Naming two objects with letter S to V

- 1. Phonic sounds of letter A to Z
- 2. Naming two objects with letter A to Z

# **SUBJECT: ENGLISH CONVERSATION**

#### CYCLE 1

### Round 1

- 1. 5 lines of Self-Introduction
- 2. Use of Three Magical words(Sorry, Thank you and Please)

#### Round 2

- 1. Names of two Respected Director Sirs, Principal Ma'am, Operation Head and Class Teacher
- 2. Our National Flag

#### CYCLE 2

## Round 1

- 1. 5 lines of Self-Introduction
- 2. Use of Three Magical words(Sorry, Thank you and Please)
  Names of two Respected Director Sirs, Principal Ma'am, Operation
  Heads and Class Teacher.
- 3. Our National Flag

## Round 2

- 1. 5 lines of Self- Introduction along with Names of Guardians(Father and Mother Names)
- 2. Names of 6 National Symbols of India CYCLE 3

- 1. My Favourite Fruit(Name, Colour and Taste)
  - 2. Good Manners( How to sneeze, cough and use of Excuse Me)

- 1. 5 lines of Self- Introduction along with Names of Guardians(Father and Mother Names)
- 2. Names of 6 National Symbols of India (Fruit, bird, animal, flower,tree, game)
- 3. Fruit (Name, Colour and Taste)
- 4. Good Manners.

## **SUBJECT: GENERAL KNOWLEDGE**

## **CYCLE 1**

#### Round 1

- 1. All about me
- 2. My house
- 3. My school

#### Round 2

- 1. Me and my friends
- 2. Learning about Colours
- 3. Flowers

## CYCLE 2

## Round 1

- 1. Fruits, Vegetables.
- 2. I know about animals
- 3. Things to know about

- 1. Modes of Transport
- 2. Water for all.
- 3. Feeling happy

#### CYCLE 3

## Round 1

Revision of -

- 1.All about me
- 2. My house
- 3. My school
- 4. Me and my friends
- 5. Learning about Colours
- 6. Flowers

## Round 2

Revision of-

- 1. Fruits, Vegetables.
- 2. I know about animals
- 3. Things to know about
- 4. Modes of Transport
- 5. Water for all.
- 6. Feeling happy

# SUBJECT : ENGLISH (RHYMES) <u>CYCLE 1</u>

# Round 1

- 1. Twinkle Twinkle Little Star
- 2. Baa Baa Black Sheep
- 3. I hear thunder

- 1. I am a Little Teapot
- 2. Alphabet song
- 3. Revision of previous rhymes.

## CYCLE 2

## Round 1

- 1. Row, Row, Row Your Boat
- 2. Cobbler, Cobbler
- 3. The Moon
- 4. Revision of all the Rhymes of CYCLE 1(both Round 1 and 2)

## Round 2

- 1. Bend your body
- 1. One Two Buckle My Shoe
- 2. The Mulberry Bush

## **CYCLE 3**

## Round 1

- 1. Round and Round the Garden
- 2. Oh My! Birds Fly!
- 3. My little pup

## Round 2

- 1. Apple Tree
- 2. The King of the Jungle
- 3. Revision of all the Rhymes of Cycle 2(Round 2) and Cycle 3(Round 1)

# SUBJECT : ART & CRAFT

## CYCLE 1

- 1) Magic with Square
- 2) Happy Balloon

- 3) Birthday Gift
- 4) Free Expression
- 5) Rainy day

- 1) Sky Kite
- 2) Electric Toaster
- 3) Free Expression
- 4) Shaped Bunny
- 5) India our Country

## CYCLE 2

## Round 1

- 1) Sound of Music
- 2) Free Expression
- 3) Clever Cat
- 4) Delicious Apple
- 5) Jumpy Frog

## Round 2

- 1) Creative Garden
- 2) Free Expression
- 3) Lazy Elephant
- 4) Scribbling Time
- 5) Happy Butterfly

## **CYCLE 3**

## Round 1

1)Free Expression

- 2)Tiny Turtle
- 3) Colourful Pot
- 4)The Sailboat
- 5) Aeroplane Ride

- 1)Free Expression
- 2) Beautiful Flowers
- 3)Spider Web
- 4) Cotton Icecream

# **SUBJECT: PHYSICAL EDUCATION**

1 <sup>ST</sup> TERM	2 <sup>ND</sup> TERM
PHYSICAL ACTIVITY:	PHYSICAL ACTIVITY:
Walking	Running
jogging	walk and hop
Zig zag walk	Simple stretching
Zig zag run	Rolling the Ball
Catching	Catching and Throwing the Ball
Jumping over different obstacles	Balancing on the toes and heels
Bouncing the Ball	Jumping over different obstacles
PT drill	PT drill
Yoga and Meditation	Yoga and Meditation
GAMES- Follow the Leader Number game Statue Traditional games Athletics	GAMES- Cats and Rats In the pond, on the bank Recreational games Traditional games Athletics
LIFE SKILLS- Leadership skill Decision making Critical thinking	LIFE SKILLS- Leadership skill Decision making Critical thinking

# SUBJECT : DANCE CYCLE 1

- 1. Warm Up With Free Hand Rotation And Exercise With Music.
- 2. Animal Movements -Tiger, Elephant, Duck, Wolf, Mouse For Better Understanding Of Movements
- 3.Its An Animal Dance Let's All Stand Up......
- 4. Basics Of Bharatnatyam Tatta Adhavu 1 To 3
- 5 Asamyukta Hasta Mudra

#### CYCLE-2

- 1. Warm Up With Free Hand Rotation And Exercise With Music,
- 2.Tatta Adhavu 4 To 6
- 4. 5 Asamyukta Hasta Mudra

#### CYCLE-3

- 1. Warm Up With Free Hand Rotation And Excersice With Music,
- 2. Marine Animal Movements- Star Fish, Jelly Fish
- 3. Tatta Adhavu 1 To 6 And Natta Adhavu 1 And 2
- 4. Dance On The Songs -Under The Sea Song.....

This is nature song......

5. Asamyukta Hasta Mudra 5

**SUBJECT: MUSIC** 

# CYCLE 1

#### **ROUND 1**

#### **RHYMING SONG:**

1. Old Macdonald had a farm

INDIAN MUSIC:
Sa ReGa
ROUND 2
RHYMING SONG:
1. Pussy cat
INDIAN MUSIC:
Sa Re Ga Ma Pa
<u>CYCLE 2 :</u>
ROUND 1
RHYMING SONG:
1. Twinkle twinkle little star
INDIAN MUSIC:
Sa RE Ga MaPa Dha Ni Sa
ROUND 2
Hello Hello can you clap
INDIAN MUSIC:
Sa NIDha
CYCLE 3:
ROUND 1
1. Head, shoulder,knees and toes

**INDIAN MUSIC** 

Sa.. Ni.. Dha.. Pa.. Ma..

# ROUND 2

# 1. Ram sam sam

# **INDIAN MUSIC**

Sa.. Ni.. Dha.. Pa.. Ma.. ga.. Re.. Sa